



FAITH BOOSTERS

****BONUS****

***“The 5
ESSENTIAL
Elements
Needed To
ACCOMPLISH
ANY Goal You
Want”***

Brought To You By...



*About Our Fathers
Business...*

...Advancing HIS Kingdom...

...By Advancing HIS People...

By
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Publishers Page



Kingdom Advancement International

About Our Father's Business... Advancing His Kingdom by Advancing His People...

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May God Bless You Abundantly

The 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want

Successful people and they all have one trait in common: They all know how to set goals for themselves and work hard to achieve those goals.

The ability to set goals and make plans for their accomplishment is possibly the most important skill you can learn and perfect. Goal-setting will do more to help you achieve the things you want in life than will anything else you've been exposed to.

With that said what is SHOCKING is that according to the best research, under 3 percent of Americans have written goals, and under 1 percent review and rewrite their goals daily. I don't know the international statistics, but I'd imagine they're pretty similar across the board. Most people don't understand the importance of setting goals, or they don't know how to do it. Or maybe they're simply afraid of failure.

So to begin I would like to share with you **five key concepts** that will help you to reach your goals more effectively. Each of these keys starts with one of the letters in the word "**GOALS**." Whenever you find yourself getting off the track, simply repeat the word "*goals*," and think about how each letter stands for a key that just might apply to your current situation.

The 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want

G = Get to It!

Sometimes, the only difference between a successful person and a failure is that **the successful person has the courage to get started**, to do something, to begin moving toward the accomplishment of a specific goal.

You may have a long-range goal. In order to achieve it, you need to **sit down and make a list** of all the steps that you will have to take to get from where you are to where you want to be. Then begin with the first and most obvious thing that you can do on that list. Complete it, and then start on number two.

Don't worry about the long term. Just **concentrate on the obvious first step** that you can take. Surprisingly enough, everything else will take care of itself.

The Confucian saying, "**A journey of a thousand leagues begins with a single step**," is so popular in so many languages because it is so true.

O = Opportunity

Successful people do not wait for opportunities to turn their goals into reality. Instead, they **make their own opportunities**, because they are perfectly clear about the kind of life they wish to create.

Once you have taken the time to decide exactly what you want, you will **experience an endless flow of opportunities** that will help move you in that direction.

A = Ability

Many people hesitate to set high, challenging goals because they lack the ability necessary to turn those goals into reality. But remember that we all lacked knowledge and experience when we started out in our careers or fields of expertise.

Since you gain the ability necessary for high achievement through **knowledge and experience**, if you increase the speed at which you acquire both of those, you **increase the speed at which you move ahead**.

L = Leadership

Leadership is simply **the ability to get results**. And you begin to get results when you accept full responsibility for yourself, for your job and for the outputs required in your position.

You demonstrate leadership when you refuse to make excuses or blame anyone or anything for the problems you are having. The acceptance of the responsibility of leadership enables you to **move ahead and take action**.

When you are not satisfied with your job or income, and you sit down and make a written plan to change it, and then take action on that plan, without waiting for anyone's approval or permission, you are behaving like a leader.

S = Stay With It!

Between you and every goal that you wish to achieve, there is a series of obstacles. The bigger the goal, the bigger the obstacles. Your decision to be, have, and do something out of the ordinary entails facing difficulties and challenges that are out of the ordinary as well. Sometimes **your greatest asset is simply your ability to stay with it longer** than anyone else.

When you look around you, you will see that **all achievement is the triumph of persistence**. You will see men and women everywhere who are struggling with and overcoming adversities in order to accomplish something that is important to them.

... And so can you.

Goals enable you to do the work you want to do, to live where you want to live, to be with the people you enjoy, and to become the kind of person you want to become. If you set your goals and create a plan that will help you achieve those goals, *nothing* can stop you from finally winning through.

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“Once you have determined your destination, your focus must become the process...”

If you have followed the instructions in order of sequence, you would have read My Vision Book Promises, got your images from Google first and then made your card which you will carry in your pocket.

If you have no idea, what I’m talking about, that is because you have skipped a step. So I would go back and follow those instructions first and then come back to this. If you have done the things mentioned above, then let’s continue on to HOW you get what you want.

“Write the vision and make it plain... and it WILL surely come to pass...”

~

The Bible

We are now at the 2nd stage of making the vision come to pass. Now we know exactly what we really want and we are determined we are going to get it, as far as we are concerned we already have it. The will is there, now we need to work on *the how...* How to find *the way...* The way to bring this image into our manifested experience.

Now finding the way is really an on going process you will continue to review until you actually have the promise you have envisioned...

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The 1st of the 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want, Is

First you need to **get your thoughts, towards your goal right...** So right here and now we are going to change our language.

Up to this point we have been using the word *goal*. Now you may have noticed the word *promise* appear a few times. Do yourself a great favour and refer from this point on to your goal as your *promise*...

Why?

Well the word *promise* brings a totally different meaning, attitude and refreshing perspective, than goal does. Allow me to explain the difference.

When something you want to accomplish is referred to as a goal, it suggests uncertainty. It is JUST a goal, it doesn't mean you are going to get it. It is just something you want to achieve. A goal suggests a particular attitude towards what you want, "if I, maybe, perhaps, hopefully, all going well." These are all a question of *if*... If all goes well!?!

NEWSFLASH

And the headline for to day is:

"Hello it never **ALL** goes well..."

When on the other hand, you made a promise. You determined, you **WILL** make it happen and you are determined to get it no matter what. If it all goes well, has nothing to do with it. If it's not all going well, it doesn't stop you, from being determined, to make it happen. You already decided it **IS** happening. Now the only question is when? and then how?

"The how" **only comes** when you make a promise and **actually start** taking action...

If you want the how to show up, you have to stop asking, "Can I?" & "Is this doable." The real question is, do you really want it? If you want it, whether it is doable or not *only* depends on, what YOU think...

Whether you think you can or you think you can't, either way you are always right. If you think you can, it's simple, **YOU CAN** and you are right.

So your question is not Can I? You Can... **YOUR** only question is **HOW DO I?** When you make a promise your subconscious mind thinks, this is what you want. And because it knows this desire is actually a promise, it thinks, this is a promise, I have to guarantee delivery and begins working on, how to make this happen and begins attracting ideas, opportunities, people, circumstances for you to act on.

This step was designed to get you mind conditioned correctly, to enhance your probability of achieving what you *promise* yourself. Now let's find out the 2nd essential element.

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The 2nd of the 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want, Is

Choose what it is that will keep you motivated... When we have something we desire to have or be. We are either trying to escape pain or experience pleasure. Pain and pleasure are both powerful motivators. The greatest accomplishments of your life were based in some shape or form upon these 2 feelings.

You need to decide *in reference to what you promise yourself*. Whether you are wanting to experience pleasure or escape pain. This will be what motivates you to do something. Which ever you choose, (if you choose both that's ok to) but which ever you choose pain or pleasure. You should take time out to dwell on it and really feel the emotion. It should be so intense, it moves you to want to do something right there and then.

If you do this properly and make it intense enough, if at the time you are doing this, you happened to be sitting down; you won't be able to sit down. You will stand up and say to yourself,

"Right that's it, I've had enough, I am fed up, I promise this day, right now I am going to have (what it is you want) and I refuse to live without having/being (what it is you want) I am going to do something about it right now and I will not give up, until I have/am what I want and that is final..."

If the motivation is negative, you will be thinking, "I've had enough of not having/being this... I refuse to tolerate this in my life for another day..."

If the motivation is positive, you will be thinking, "I must have/be this, the only way I won't get what I want is if, I die before I accomplish it..."

Now once you have done this and actually began taking action. Focus on what you want, *the positive*, don't dwell on the negative, because you will attract what you focus on to you, whether you want it or not, you attract what you focus on.

So focus on what you want...

It only serves you to think about what you don't want, when you are deciding you never want to experience what you don't want another day. Once you have done that from that point on, think about the positive thing you want, that will make you feel good. Because all we want it to feel good.

Stay focused and get inspired, read other people's success stories, watch documentaries in your spare time about people accomplishing their dreams, let it inspire you and think to yourself they did it and promise I will... Soon that will be me telling the world, how I came to experience living in my dream.

Work yourself up get determined and inspired and charged with energy. Make it an intense feeling you want to experience. It should feel so good you want to keep feeling it. You will become ever increasingly more passionate about it, "I have to have this, I promise I will have this." Part of the positive motivation can be seeing the look on somebody's face, when you inform them you now have, what you promised.

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Whether it is somebody that supported you or despised you. Either way it will feel good looking at their face when they see you have what you want. Imagine yourself telling different people and how feel, how good it feels to have them congratulate you.

Everyday do something to keep yourself inspired... This will keep you motivated even in the face of opposition. You will keep motivated right up until you experience manifestation.

When it becomes, difficult and challenging motivation will keep you going.

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The 3rd of the 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want, Is

Keep telling yourself, that you are going to accomplish this goal. By telling yourself this often, you keep reinforcing yourself and the more you do this, the more you are convinced and the more your subconscious mind will help you.

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The 4th of the 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want, Is

When something becomes a promise rather than a goal. It has to happen you made a promise a vow. Now you have committed yourself and told somebody and got the motivation, you are specific about what you want. All those are good things, but if you really want it to happen they aren't enough to make it come to pass on their own.

Now you need to think in detail, as if you are **making a business plan**, outlining in the path to what you want, everything to do with that promise that is required to make it come to pass. As the scripture in the bible said, *make it plain...*

Plan your promise,

What you are going to **do**?

When it will be done?

Where it's going to happen?

Who is going to help you **do** it?

How you are going to **do** it? This is the question, you will review the most, this is an ongoing process.

All these questions need to be answered and the answers need to be incorporated into your promise plan. When you first start at this, guess what it might not be easy? It might get difficult or frustrating. You are not going to know all the answers straight away and that is ok that is normal. You can expect that to happen. Just work on what you can today. Then take a break pick it up again the next day and work on it some more. More will come to you, more initiatives and ideas will flow through you, it gets easier as you progress.

Eventually you end up with a clearly written and well thought out plan for your promise.

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The 5th of the 5 ESSENTIAL Elements Needed To Accomplish ANY Goal You Want, Is

Every day, review the plan spend 20 minutes focusing on the questions above and see if anything new comes to you, since you last wrote something down, your brain will look at the things you wrote previously and start showing you new things, your plan becomes more efficient and most importantly more effective...

Review the plan

Take action

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Until you accomplish what you promised...

Summary

Now if you incorporate these essential elements into your daily way of living. You are sure to see success in achieving any goal (sorry PROMISE) you set for yourself. Keep reviewing this process everyday of your life. My Promise Vision Book and This ebook. Keep your future in your mind, it should be the last thought you have before you go to sleep. Your brain will have things to work on while you are sleeping.

Invest 20 minutes of your day focused on your future rather than, on the present things in your life. Things will be so much better, your future will be far brighter.

Use your imagination, living in the future you have imagined, but imagine it being in the present. Really using your imagination to visualise is exercising worry in the positive sense. Worrying is imagining the negative being likely to happen. Use your imagination to visualising a bright future imagining the positive is likely to happen. Assume the best is going to happen, you are going to succeed, you will accomplish your dreams, you will receive your promise fulfilled.

It's no more difficult to assume the best is going to occur than it is to presume the worst is going to occur... So use your imagination to assume all the best will happen to you...

Now that we know “**how to**” the final step now is action. Listen to “ACTION”

When you know what you want and have began getting the steps on knowing how, you will be off in the races, taking action. How about making the actual Action we take as efficient and effective as possible? How would you like to get to experience your dream in record breaking time? Do you think that you may not have enough time to actually set on this? If you think there aren't enough hours in the day, I have something special for you COMING SOON!!! *The 2 Hour Work Day*... Discover how you can start TODAY working the hours of the laziest person on the planet and still accomplish more than the greatest workaholic...

www.godanswersyes.com/2hourworkday.html

Get everything into a step by step workable practical accomplishment daily planner with the tool kit in *The 2 Hour Work Day*

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